



DDMIX[®]

for Schools

PRIMARY DANCE SCHEMES OF WORK

DDMIX Trust is a charity created by Dame Darcey Bussell DBE. DDMIX for Schools dance fitness for PE is an inspiring dance programme for primary PE that embodies wellbeing and gets every child moving in every lesson.

AN INTRODUCTION TO DDMIX FOR SCHOOLS

DDMIX for Schools Dance Fitness for PE is a programme created for curriculum PE lessons. We provide Schemes of Work for EYFS, KS1 And KS2, along with staff training to enable every teacher to feel confident delivering straightforward, fun and active PE lessons.

The programme has been specifically created for children of primary school age, from all backgrounds and abilities to have the opportunity to experience movement to music in an effective, simple and fun learning environment. Whilst it has been designed to be easy to learn, it is also easy to teach and fun for teachers to deliver themselves. Packages for EYFS, Key Stage 1 and Key Stage 2 are available online and include all the resources you need:

- Curriculum Overview
- Lesson plans
- Bespoke DDMIX music
- Instructional videos
- Games, and creativity elements

With the cultural diversity of the programme, students have the opportunity to learn whilst having fun exercising.

With wellbeing always at the forefront, the EYFS and Key Stage 1 sessions are aimed at developing the key skills and elements of dance, introducing many themes which can be cross curricular.

Progressing to Key Stage 2, students are then introduced to skills through the exploration of the exciting and engaging DDMIX dance genres which include Japanese, Disco, African, Bollywood and many more.

Activities are used to introduce each genre/skill before sampling our straightforward DDMIX movements giving children creative confidence to make up their own sequences. The children remain high time on task, approaching movement without hesitation and enjoying exercise whilst learning new skills and creating their own ideas.


CONNECT

BE ACTIVE

TAKE NOTICE

KEEP LEARNING

GIVE



“
**Energetic, inspiring
and FUN!**

Holy Family RC Primary School, Cardiff, Wales.

”

“
**Easy platform
to use!**

Harris Primary Academy, London, England.

”

OUR PRICING

The Schemes of Work Membership

- £250 per school per year

Includes:

- Website login with access to Schemes of Work and resources including activities, music and videos.
- Online training videos:
 - o How to use the Schemes of Work.
 - o Delivery of key skill activities as used in the lesson plans.
 - o Breakdown of the DDMIX genres.
 - o How to link theme/genres to develop skills.
- Additional lesson plans and genre updates.
- Invitation to exclusive events.
- Ongoing support.

Annual Schemes of Work Membership for Multi-Academy Trust Schools

- 2-4 Schools: £187.50 per school per year
(25% off full price of £250)
- 5+ Schools: £175.00 per school per year
(30% off full price of £250)

OUR PRICING

Online Schemes of Work & Resources



“ Compatible with our children,
curriculum and teachers

Sacred Heat School, Srulleen, Ireland

”

OUR PRICING

STAFF TRAINING:

2 hour Inset/Twilight- from £350

4 hour Inset/Twilight- from £550

One of our DDMIX for Schools team members can visit your school school to deliver an inset/twilight session providing the necessary tools and at the same time boosting the confidence of all members of staff regardless of experience and ability.

You will be introduced to the Schemes of Work, cover key skill games and activities used in the lesson plans along with the teaching of at least 3 of the DDMIX genres.

Each training session typically lasts 2 hours, therefore if your school select 4 hours of training (£550), this would be split into two x 2-hour sessions spread across the year. This will enable staff to gain the most out of their training, giving them time to absorb and begin delivery.

Within the second training session, schools can tailor their time to refresh or focus on certain areas e.g., games, skill activities, differentiation, or request additional genres that they'd like to learn or recap.



OUR PRICING

WORKSHOP FOR CHILDREN: One Day - from £220 (4 x 1 hr sessions)

Have one of the DDMIX for Schools team members visit your school for the day to provide workshops for your children, focusing on a genre/s of your choice.

Genres to choose from...

01. Aboriginal	08. Boxing	15. Haka	22. Rock and Roll	29. Twist
02. African	09. Charleston	16. Hand Jive	23. Russia	30. Thai
03. American Jazz	10. Cheer	17. Hawaiian	24. Salsa	31. Waltz
04. Arabic	11. Chinese	18. Hoedown	25. Samba	32. 1940's Ritz
05. Balinese	12. Disco	19. Irish	26. Scottish	33. 1960's
06. Bhangra	13. Flamenco	20. Line Dance	27. Tango	34. 1990's Vogue
07. Bollywood	14. Greek	21. Japanese	28. Tarantella	

A workshop enables the children to get a taster of the DDMIX for Schools programme, whilst providing a great opportunity for the children to be creative and empowered through simple and fun activities, both individually and as part of a group. With our great range of dance genres and styles to choose from, it's a fantastic way to explore a variety of movements and cultures, but also a chance to link cross-curricula themes and projects throughout the different key stages.

To find out how to become a DDMIX for Schools member, please email info@ddmixforschools.co.uk Or visit www.ddmixforschools.com to book now.

DDMIX[®]
for Schools

DDMIXFORSCHOOLS.COM