

FOLLOW THE LEADER**HOW TO PLAY:**

- Ask the children to form a line.
- Children move around the room copying the leader at the front of the line, to the beat of the music.
- The leader takes the children around the room using different travelling movements to the beat of the music (adapt according to the theme of the class).
- The children must stay behind the dancer directly in front of them to maintain the chain of dancers.
- The leader may change their movement at any point, at which the children must continue to copy.
- According to the theme of the lesson, use movements appropriately.
- Rotate the leader, to allow 5 or 6 children to have a turn.
- For a more complicated theme, the teacher can become the first leader to enable the children to have confidence.

Resources

- Music appropriate to the genre/theme of your class.
-