**GAMES and ACTIVITIES** 



## **BUBBLES**

## **HOW TO PLAY:**

- Ask children to find a space in the room
- Ask children what happens to a bubble when it touches something. (It pops.)
- Inform children that they will become giant bubbles.
- Children start by making their bodies as large as possible and move around the area slowly (acting like giant bubbles floating through the air) avoiding other bubbles.
- When the teacher says 'Bubbles pop', all the children quickly crouch down to the ground.
- Progress by adding in numbers to your commands. For example, when the teacher says 'Bubble two', the children must find a partner to create a double bubble by holding hands with a partner. Set the children a 5 second count down to find a partner.
- Children continue to move around the room as a double bubble.
- Repeat 'Bubbles pop' and 'Bubble number' during the game. You can increase the numbers children form groups with up to a group of four or five, ensuring that children are making different groups each time (not always going with the same person). E.g. 'Bubbles 3'.
- Encourage children to use eye-contact when trying to find each other, not to speak or shout. You can ask them to make bubbles with their mouths too!

## Resources

• Music is recommended to be played a very low level until the children have grasped the concept. Current chart music (radio edit versions)